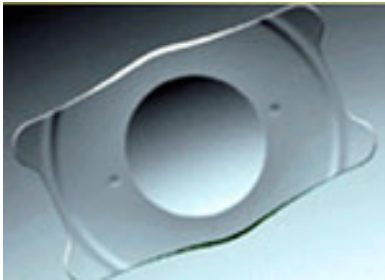


As seen in *The Trend*, March 2006

Exciting New Advancements for Highly Nearsighted People



Are you highly nearsighted and under the age of 40? Have you been told you're not a LASIK candidate? The new ICL may be just what you've been waiting for! This exciting new option is particularly useful in younger patients due to the fact that it allows them to retain their natural focusing ability when looking at near objects.

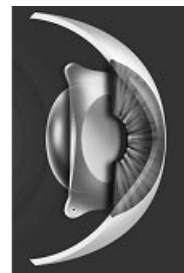
The **Staar Visian ICL** (an abbreviation for Implantable Collamer Lens) recently received FDA approval. This lens has been used successfully outside the US for many years and has been implanted in more than 40,000 eyes worldwide. It is approved for use in 41 countries. The surgeons at Nevyas Eye Associates are excited to be able to offer the ICL in early April 2006.

This lens will offer another option for those seeking reduced dependence on glasses and contact lenses. It will also be an exciting new option for many patients who are not good candidates for LASIK for reasons including thin corneas, very high corrections, excessive dry eye and irregular corneas. According to Dr. Anita Nevyas-Wallace, "the patients who may benefit the most from the ICL are often those with the greatest dependence on contact lenses and glasses".

The best candidates for the Visian ICL are between the ages of 21 and 40, with moderate to severe nearsightedness. It is best if the patient has had no previous eye surgery and does not have a history of eye disease such as glaucoma, iritis or diabetic retinopathy.

The ICL surgery is performed by Dr. Anita Nevyas-Wallace in our outpatient surgery center. A topical anesthetic is used, which means that the patient is awake during surgery but will not feel any pain. This is the case in almost all refractive surgeries. The surgery itself takes between fifteen and thirty minutes.

During the surgery, a small incision about 3 mm wide is made, through which the ICL will be inserted. The lens rests behind the iris, which is the colored portion of the eye, and in front of the natural crystalline lens. The ICL is well tolerated and cannot be seen or felt once placed in the eye.



ICL's are intended to remain in place without maintenance, however, should the need arise, it can easily be removed and replaced, or another procedure can be done at any time. With the ICL, patients can still wear glasses or contact lenses if necessary. The ICL does not affect presbyopia, or the need for reading glasses due to age.

For anyone over 40 who wants to reduce dependency on glasses and contact lenses, Nevyas eye associates has other options that may be well suited for you. Call us today at 800-952-7376 to schedule an evaluation to determine which procedure is right for you. We can also be found on the Internet at www.nevyas.com