

As seen in *The Trend*, June 2005...

Cataract Surgery: A Crystal Clear Decision

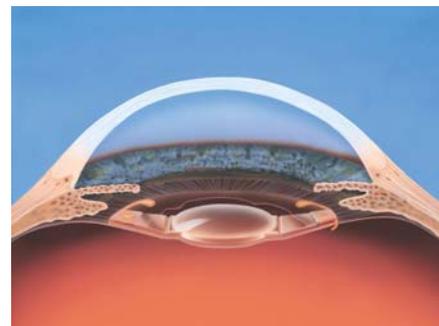
Imagine you're over 65 and struggling with ever-diminishing vision due to cataracts and presbyopia (the loss of near vision after age 45). Your eye doctor recommends cataract surgery to remove the cloudy lens and replace it with an artificial one. This type of surgery has been available for 20+ years, but now there are choices in the type of lens that's used. So how do you know which lens is right for you? Let the surgeons at Nevyas Eye Associates help to sort out the confusion of lens implant choices.

The standard lenses are called monofocal lenses. These non-focusing lenses have been available for decades for cataract surgery and can restore the distance vision that is blurred from cataracts. In most cases you would no longer need glasses to see in the distance after surgery. Monofocal lenses have one clear limitation in that they do not correct the condition of presbyopia. This means that reading glasses would be required for seeing at near and intermediate distances. These distances include activities such as reading a book, threading a needle, telling the time on a wristwatch, seeing the dashboard in the car or working on a computer. While a monofocal lens is effective in the treatment of cataracts, you are still very dependent on glasses for everyday activities.

Your second lens choice in cataract surgery is a multifocal lens implant. These lenses allow you to focus at two different points, distance and near. In essence, this gives each eye two or more images at the same time. While this may reduce dependency on glasses, it has some distinct disadvantages of its own. Night vision and contrast sensitivity are reduced by these double images. Glare, halo symptoms and double images can cause permanent night driving restrictions. Furthermore, the multifocal lenses cannot correct for the loss of intermediate vision. Reading glasses would be required for objects viewed at arms length, the distance where most people set their computers. A multifocal lens is effective in the treatment of cataracts, but can leave you impaired while performing daily activities.

In 2003, another alternative became available: **the Crystalens™ accommodating lens implant.**

Crystalens™ was designed to treat cataracts as well as the need for glasses at both distance and near. It is a flexible lens that focuses just like the human eye, allowing you to see distance, near and intermediate objects, usually eliminating the need for glasses altogether. Unlike the other lens implants the Crystalens™ will adjust its position in the eye to allow you to focus on a near object. It will then readjust to its resting position as you look to the distance. This is a major advance in both cataract and elective eye surgery. A big difference between the Crystalens™ and other options is that the lens adapts to your visual needs, rather than forcing you to put up with or adapt to the lens.



The surgeons of Nevyas Eye Associates were the first in the Delaware Valley to be certified in the use of Crystalens™, and have the most experience. Crystalens™ is the only FDA approved accommodating lens implant, and in its first year, more than 13,000 were implanted into patients' eyes.

The Crystalens FDA results were phenomenal:

- 98.4% seeing 20/32 or better in the distance without glasses
- 100% had good intermediate vision, meaning they could work on their computer without glasses
- 98% could read the newspaper print without glasses

Nevyas Eye Associates is happy to announce a wonderful development in Crystalens surgery. Until recently, the use of Crystalens was restricted to two groups of people; refractive patients and those cataract patients who do not have Medicare. This left out the 2.5 million Medicare patients who have cataract surgery each year. Medicare did not allow their patients to pay for medical upgrades, such as Crystalens. **On Tuesday, May 10th, Medicare announced a major change to their policy. A statement was released which will now allow Medicare patients to elect to use Crystalens.** This change in policy represents a major breakthrough for the millions of Medicare patients who want to live their active lives with less dependency on glasses and contact lenses. Patients who select Crystalens will receive the standard Medicare reimbursement for cataract surgery, and can pay privately for the remaining cost of the surgery. Now all patients with cataracts, and a little disposable income, have access to a lens that mimics the human eye and can restore the vision of their youth.

The benefits of the Crystalens™ implant are clear. Seamless vision for distance, near and in between are a reality once again. Cataract patients no longer have to settle for anything but the best. You owe it to yourself to find out if Crystalens™ is an option for you. Why choose a lens with proven visual restrictions when you can have it all? The surgeons at Nevyas Eye Associates are dedicated to giving you the highest quality of care with the most advanced technology. Appointments are available for evaluation for the Crystalens™. Call Nevyas Eye Associates today to take the first step toward your visual freedom!!

Nevyas Eye Associates 800-952-7376